

# Marisco Medical Practice

Dr Simon  
Lowe

P R A C T I C E   L E A F L E T

Dr Phil Lane

## Mablethorpe



## Sutton-on-Sea

Practice Manager  
Mr Ian Blakey

Deputy Practice  
Manager  
Mrs Julie  
Hollingworth



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# Marisco Medical Practice

Dr S Lowe - GMC 3581672

Dr P Lane - GMC 3267101

Director of Operations

Mr Ian Blakey

Deputy Practice Manager—Mrs Julie Hollingworth

## Contact us

Stanley Avenue

Mablethorpe

Lincolnshire

LN12 1DP

Tel: 01507 473483

Fax: 01507 478865

The Broadway

Sutton-On-Sea

Lincolnshire

LN12 2JN

Tel: 01507 473483

Fax: 01507 443700

Website: [www.marisco.GPsurgery.net](http://www.marisco.GPsurgery.net)

E-mail: [LECCG.MariscoReception@nhs.net](mailto:LECCG.MariscoReception@nhs.net)

Please read on for further information about  
our Practice & the services we provide

MARISCO MEDICAL PRACTICE

## **Dr Simon Lowe**

**GMC 3581672**

Senior partner - Dr Lowe qualified in 1992 in London and grew up in Nottingham. Dr Lowe has a teenage daughter he is happily married and lives in the Boston area. Dr Lowe joined us in May 2015 he enjoys Books and history.

## **Dr Phil Lane**

**GMC 3267101**

Dr Lane qualified from the University of Edinburgh in 1987 and joins us with 25 years experience, most of it in Yorkshire. He grew up in the Nottingham area and has two teenage sons. Dr Lane has a special interest in Diabetes and Travel Medicine. He is enthusiastic about keeping fit and healthy eating, he also enjoys history, travelling, modern language and antiques

## **Sharon Sykes**

**RGN, BSc (Hons) Health Studies, Post Graduate degree in Non Medical Prescribing**

Sharon is originally from West Sussex but recently relocated to Lincolnshire from Devon. Sharon became qualified in 1994 after successfully completing her studies at the West Sussex College of Nursing and Midwifery. Sharon came to us in August 2015 after spending some considerable time as a Nurse Practitioner in a Minor Injuries Unit providing Out of Hours and Emergency Care and has interests in Parkinson's Disease, Multiple Sclerosis and Gynaecology. Sharon is very happily married, she loves spending time with her husband and son, Sharon enjoys walks on the beach and in the countryside with her three dogs.

## **Nurse Practitioners**

Heather Beer - RGN, RM, Bsc (Hons), Independent Nurse Prescriber

Dawn Lowe - RGN Dip in midwifery, BSc Hons in Public Health, BSc Hons Practice Nurse, Post Graduate degree in Non Medical Prescribing

Emma Brantner - Dip Adult Nursing, BSc Physical Assessment and History, Advanced Life Support, BSc Student Mentorship, currently studying for MSc Advanced Clinical Practice

## **Practice Nurses**

Julie Worsnop - SEN

Kylie Wilkinson - BSc Hons in Adult Nursing

Andie Hodgson - RGN, DipAst, CIDC, CERT

Gwen Murgatroyd - BSc(Hons) Nursing - Adult Branch PG Certificate Practice Nursing

Pamela Drewery - RGN

Nicola Jowett - BSC (Hons) Nursing - Adult branch

## **Practice Manager Mr I Blakey**

Mr Blakey joins us from Westside Surgery Boston where he was previously a Practice Manager - he brings with him a wealth of knowledge and managerial experience. Ian is very passionate about Marisco and is dedicated to moving the Practice forward. He is married with three grown up children and is a proud Grandad. Ian loves motorbikes and can be found leather clad on the track!

## **Deputy Practice Manager Mrs Julie Hollingworth**

Julie also joins us from Westside surgery Boston. Julie has worked in Managerial roles for many years now both within the NHS and externally. Julie is excited to become part of the Marisco Team and is looking forward to future challenges. Julie enjoys gardening, cake decorating and painting, she also has grown up children but no grandchildren ..... Yet

# Introduction to the Marisco Medical Practice



Welcome to the Marisco Medical Practice. Our surgeries are purpose-built clinical buildings with well

equipped consulting and treatment rooms. We also have an up to date minor operations suite at Mablethorpe.

The Practice consists of 2 GP Partners, 3 Locum GP's, 4 Clinical Practitioners, 6 Practice

Nurses, 12 Healthcare Assistants and a large Administration team based across both Mablethorpe and Sutton on Sea. When you register with our practice you can be seen at either site.

## Practice Charter

### *We aim to:*

- Deliver the highest possible standard of healthcare to all our patients and to be a central part of our local community.
- Give you individual courtesy and respect.
- Offer appropriate health checks.
- Deliver emergency care when needed.
- Advise you fully of the services provided.
- Promote a healthy lifestyle for avoiding illness and recommend self-help for minor ailments.
- Provide support and information to the housebound and their carers
- Continue to improve and develop services, welcoming comments and suggestions.
- Remain approachable and accessible according to statutory terms of service.
- Comply with relevant national standards and regulations.
- Maintain confidentiality within the practice team.

### *We expect you to:*

- Let us know if you are unable to keep an appointment.
- Arrive on time for your appointment.
- Let us know if you change your name, address or contact number.
- Listen to and follow our advice.
- Treat the staff with the same courtesy and respect that you would expect to receive.

# Mablethorpe Surgery

As you enter the building you will notice that we have very spacious and modern facilities and we are pleased to be able to offer our patients and visitors a range of services across the whole spectrum of the health service including.

Health clinics run by Lincolnshire Community Health Service.  
Dental Surgeries both private and NHS.  
Pharmacy.

An information area where patients can access information on any medical issues they may have either by information leaflets or through the internet. There are staff members on hand to assist you with this.

These are only available at the Mablethorpe surgery.  
However, even if you are registered at our Sutton surgery, you are still able to make use of the facilities at Mablethorpe.

# Sutton Surgery

Our Sutton	was opened on	practice but is
surgery is	31st August	on a much
located on the	2001. It has all	smaller scale
Broadway at	the facilities	than
Sutton-on-Sea.	needed in a	Mablethorpe.
The building	modern medical	



## Our Website

The surgery website is another way to find out about the services we provide. In addition to this booklet, there is useful health information plus links to other relevant organisations. We are

constantly updating the site so it is a good method to get the latest news about the surgery and what is happening. It gives details of the policies and procedures of the surgery including how the practice

is organised. It also introduces our Doctors, Nurses and Administrative staff with descriptions of their various roles/responsibilities. Please visit our website: [www.marisco.GPsurgery.net](http://www.marisco.GPsurgery.net)

## SystemOnline

If you find it difficult to get in to the practice to order your next repeat prescription, or make/cancel appointments, SystemOnline could make your life easier.

Simply bring along some photographic identification and ask the

receptionist for details of how to login to SystemOnline.

If you are ordering medication you would still collect it in the normal way five days later.

You can also view a summary of the coded entries in your medical record online.

This practice also offers a free text messaging service for confirmation & appointment reminders.

To sign up for this fantastic service just provide the receptionist with your mobile number & tell us you'd like to consent to receiving text messages.

## How to Register

We have an open list and welcome requests for registration from patients living in or moving to the practice area.

All GP practices are required to allocate all patients including children with a named, accountable GP who has overall

responsibility for their care.

You can register by bringing along your NHS medical card and completing a form available from reception.

Please bring with you some form of identification such as a driving licence, birth certificate or a bank statement/utility bill

confirming your name and address.

We request that new patients undertake a health check with a Health Care Assistant.

Please see our website or the back of this leaflet for full details of the practice's area.

# Opening Times & Appointments

## **Surgery Opening Times**

**Mablethorpe – Tel 01507 473483**

Monday - Friday

8:00 am – 18:30 pm

**Sutton-on-Sea – Tel 01507 473483**

Monday/Tuesday/Thursday/Friday

8:00 am – 18:30 pm

Wednesday

8:30 am – 12:30 pm

*Any guidance you can give the reception team regarding your problem means that you will receive the appointment you need in the fastest time possible.*

## Prescription Office Opening Times at Mablethorpe

Monday - Friday 9:00am – 12:00pm / 14:00pm—16:00pm

(Phones are answered during the same hours)

Wednesday 9:00 am – 12:00 pm

(Phones are answered during the same hours)

## Prescription Office Opening Times at Sutton-on-Sea

Monday - Friday 9:00am -12:00pm / 14:00pm - 16:00pm

Wednesday 9:00am – 12:00pm

Should you require prescriptions outside the above hours urgently please contact your local pharmacy & outside their hours call 111



# Repeat Prescriptions

Requests for repeat prescriptions can be made either by using the printout issued with your last prescription, telephoning the surgery, SystmOnline or using our automated service (Patient Partner)

Please ask one of the reception team if you would like to register for SystmOnline or Patient Partner

Due to busy periods telephone requests can only be accepted between the hours stated on p8.

Please advise us if you would like your prescription to be sent to a particular chemist. If you are ordering early please indicate the reason for this e.g. holidays. Prescriptions will be available for collection in 5 working days.

## Appointments

Monday to Friday	08:40am - 12noon
Monday/Tuesday/Thursday/Friday	14:30pm - 17:50pm

There are various options available enabling patients to get advice or appointments with our clinical team. GP and Clinical Practitioner appointments and a limited number of telephone triage calls are available on a daily basis and may also be booked in advance.

It would be helpful when you contact the surgery if you could advise the receptionist:

***If you feel you require an appointment for your condition.***

***If your condition could be managed on the telephone.***

***If your condition could be managed by a Clinical Practitioner*** - who deals with acute and Chronic Illness and can prescribe.

The receptionists do not want to know what is wrong with you, but they

respectfully ask that you give them a brief outline of your problem to help them ensure you are seen by the right clinician in the fastest time possible. Receptionists work under a strict code of confidentiality - please help them to help you!

***If you are having difficulty accessing our appointment system please contact a receptionist who will endeavour to assist you.***

## Clinical Practitioners

Our Clinical Practitioners are highly qualified and have undertaken advanced training to enable them to

manage patients with undiagnosed minor illnesses. They hold regular minor illness clinics alongside our GPs.

If you are offered an appointment with a Clinical Practitioner she can deal with the following symptoms:

*This list is not exclusive our Clinical Practitioners are willing to discuss other problems.*

Coughs

Sore Throats

Rash

Eye Infection

Worms

Obesity

Ear Problems

Hay-Fever

Sinusitis

Dizziness

Verruca

Colds

Head Lice

Urinary Tract Infection

Pain relief

Emergency Contraception

Minor Injuries

Bites/Stings

Diarrhoea & Vomiting

Vaginal Discharge

Impetigo

Psoriasis & Eczema

## Practice Nurses

Our team of Practice Nurses provide Health Promotion, Smears, Travel Vaccinations, Dressings (from

Minor Operations), Childhood Vaccinations and INR clinics. Each Nurse has specialist skills in one or more areas of chronic disease

management, such as Diabetes, Asthma and Heart Disease. Practice Nurses are unable to prescribe any kind of medication.

## Health Care Assistants

The surgery has experienced Healthcare Assistants who are available to help the Nursing team with a range of clinical tasks including blood pressure checks,

phlebotomy, height and weight checks, ear syringing, new patient health checks, flu & pneumonia vaccines; assist Minor Operations, carry out ECGs, B12 injections, INR



clinics, Spirometry and suture removal (from Minor Operations).

*Picture shows Minor Operations Suite*

IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT PLEASE CONTACT THE SURGERY AS SOON AS POSSIBLE TO ENABLE ANOTHER PATIENT TO BE SEEN.

## SERVICES

### New Patient Health Check

All newly registered patients are requested to complete a 'New Patient Questionnaire' which enquires about your past and current health. This helps us establish your

immediate brief medical history before we receive your full medical records from your previous practice, which can take up to several weeks.

We ask that new patients also make an appointment with a

Healthcare Assistant to attend a 'New Patient Health Check'. This applies to all patients, including children 5 years and above, and helps us establish general health and lifestyle information about you.



## Home Visits

We expect you to attend the surgery when you need medical help. This allows us to look after you with the right equipment and with other

staff available to help us. However, if you are unable to attend the surgery due to being housebound or critically ill we may be able to visit

you at home. Please telephone between 8.00am & 8.30am if at all possible. You will normally be visited after morning or afternoon surgery.

## Health Checks

All patients over 75 who have not attended the surgery for a consultation in the past 12 months are welcome to book a health check with the Health Care

Assistant, as are all patients over 16 & under 75 who have not attended the surgery for a consultation in the past 3 years. The Health Care Assistant will check

your blood pressure, weight, height, urine and enquire about any health needs. Please book with the Receptionist should you require either service.

## Minor Operations

Minor Operations are available at the surgery following a consultation with your GP. Minor

Operation procedures include Carpal Tunnel, Toe nail removal, large cyst removal,

removal of Ganglions, Lipomas, and Trigger thumb/finger.

## Cytology

The surgery is proactive in regular cytology screening. A

reminder will be sent out to patients when their smear becomes

due. Please ensure that you keep your appointment.

# Test Results

Since our telephones are very busy in the early morning, we ask you to telephone for test results (e.g. blood, urine, and x-ray) between 10am and 4pm each day. The practice Reception team are unable to give any abnormal test results as they are not qualified to interpret them; they are only able to say if the results are back or that

they are entirely normal.

The Doctors check the results each day, and act upon these. For those patients who need further investigations or an appointment you will be contacted, if we are unable to contact you by phone then a letter will be sent. For those patients whose results need no further action, you will not be

contacted (this is due to the huge amount of results that the practice deals with on a daily basis). However, if you wish to have your results you are welcome to ring the practice and request for a Nurse to give you a call with your results. To ensure confidentiality, we only release results to the patient, unless alternative arrangements have been agreed in writing.

## Ante-Natal and Post-Natal Clinics

The Community Midwife visits the surgeries on a weekly basis offering regular health checks for expectant Mothers. The clinic is held on Monday morning and on Wednesday afternoon at the Mablethorpe surgery. The Health Visitor is also available for advice following delivery.

Patients can be referred directly to the Midwife without seeing the GP or Nurse – please make your appointment at

Reception. The Midwife will discuss with you your chosen place of confinement e.g. local hospitals and consultants etc, and she will also organise your ante natal scans. The Midwife will give you details of the full ante-natal care programme for pregnant women.

After giving birth, the Midwife will see you as soon as you return home with your baby and you will be seen on a 'need'

basis for up to 28 days thereafter. After that time, the Health Visitor will visit once a week for four weeks and then mother and baby will be invited to attend the Baby clinics.

When baby is 6 weeks old you will be advised to see your GP for the regular 6 week baby check and at 8 weeks you will be invited to start baby on their immunisation programme.



## Childhood Immunisations

It is important that all children are fully immunised against all childhood diseases. All immunisations are given at the surgery. Parents of babies and young children should make themselves familiar with the immunisations programme which is as follows:

### Child aged 2 months

- I vaccine - Diphtheria, tetanus, pertussis (whooping cough), polio, Hib
- I vaccine - Pneumococcal infection

### Child aged 3 months

- I vaccine - Diphtheria, tetanus, pertussis, polio, Hib., (Haemophilus influenza)
- I vaccine - Meningitis C

### Child aged 4 months

- I vaccine - Diphtheria, tetanus, pertussis, polio, Hib
- I vaccine - Meningitis C
- I vaccine - Pneumococcal infection (PCV)

### Child aged 12-13 months

- I vaccine - Measles, mumps & rubella (MMR)
- I vaccine - Pneumococcal infection (PCV)
- I vaccine - Hib (Haemophilus influenza type b)/Meningitis C

### Child aged 3 yrs 4 m to five years old

- I vaccine - Diphtheria, tetanus, pertussis, polio, Hib
- I vaccine - Measles, mumps & rubella (MMR)

*Schedule is subject to change by the Department for Health*

***Please inform the Receptionist which clinic you require when you make your appointment. This will help them make an appointment with the appropriately skilled Nurse.***

# SERVICES FOR THE DISABLED



If you have a disability and you require assistance, please ask at reception where one of our

Receptionists will be pleased to help you.

## **Hearing Loops**

Both Mablethorpe and Sutton surgeries have hearing loops. Please adjust your hearing aid to the necessary frequency

## **Making appointments**

If you are unable to use the telephone to make appointments, you can request an appointment via the following email address:

LECCG.MariscoReception@nhs.net.

This email is checked at 8.30am and at lunchtime every day. An appointment will be allocated to you and a return email will be sent advising you of the time and place. This service should not be used in the case of an emergency.

## **Patient Handbook**

Our Patient Handbook is available in large print for those who are partially sighted. Please ask our Receptionist if you require a booklet in large print

## **Disabled Toilets**

Disabled toilets are available on both the ground floor and first floor of the building at Mablethorpe, and in the

main waiting area at Sutton on Sea.

## **Lifts**

For people who are unable to use the stairs within our building at Mablethorpe, there is a lift located opposite the main reception desk.

## **Mobility Scooters**

These buggies are generally for outdoor use only. If you use one of these and are unable to walk for any distance, it would be appreciated if you could transfer to one of our wheelchairs located in the foyer at both Mablethorpe and Sutton on Sea. If you require assistance please ask a Receptionist.

# Complaints policy

We try to provide a high standard of care and service to all our patients and are continually striving to improve our service. Any helpful suggestions are much appreciated and a suggestion box is located in the waiting area.

We take complaints very

seriously. If you would like to make a complaint regarding the surgery or the services we offer, please contact our complaints officer by telephone or, if you prefer, in writing. Every effort will be made to answer your concerns as soon as possible.

**Kerry Webster**

**Complaints Officer**

**Marisco Medical Practice**

**Stanley Avenue**

**Mablethorpe**

**Lincolshire**

**LN12 1DP**

Tel: 01507 473483

## PALS — Patient Advice and Liaison Service

PALS provides a confidential on-the-spot advice and support service helping you to deal with any concerns you may have about the care provided and can guide you through the different services

available from the NHS.

The service aims to:

Advise and support patients, their families and carers,

Provide information on NHS services,

Listen to your concerns, suggestions or queries,

Help sort out problems quickly on your behalf,

Use patient experience to help shape and improve local health services,

The service can be contacted on

**0845 602 4384** or  
**[www.lincspals.nhs.uk](http://www.lincspals.nhs.uk)**

## Complaining to NHS England

NHS England welcomes concerns, compliments and complaints as valuable feedback that will help us learn from your experiences and make improvements to services we commission.

You can complain or give feedback:

By post to:

**NHS England**  
**PO Box 16738**  
**Redditch B97 9PT**

By email to:

**[england.contactus@nhs.net](mailto:england.contactus@nhs.net)**

If you are making a complaint please state:

‘For the attention of the complaints team’  
in the subject line.

By telephone: **0300 311 22 33**

If you use BSL, you can talk to us via a video call to a BSL interpreter.  
**Visit NHS England’s BSL Service.**



## Patient confidentiality

We respect your right to privacy and keep all your health information confidential and secure. It is important that the NHS keeps accurate and up-to-date records about your

health and treatment so that those treating you can give you the best possible care.

This information may be used for management and audit purposes.

However, it is usually

only available to, and used by, those involved in your care. You have the right to know what information we hold about you. If you would like to see your records please contact the Practice Manager.



## Access to medical records

The practice is registered and complies with the Data Protection Act 1998. Any request for access to notes

by a patient, patient's representative or outside body will be dealt with in accordance with the Act.

Please contact the Practice Manager for further information.

## Patient rights and responsibilities

You will be treated with respect and as a partner in your care, we will:

Ensure our patients have 24 hour access to medical advice.

Aim for you to have access to suitably qualified medical professional within 48 hours of your initial contact during surgery hours, or in an urgent case, the same day.

Work in partnership with you to achieve the best medical care possible.

Involve you and listen to your opinions and views in

all aspects of your medical care.

The prevention of disease, illness and injury is a primary concern. The medical staff will advise and inform you of the steps you can take to promote good health and a healthy lifestyle.

We respectfully ask that you:

Inform us if you intend to cancel an appointment or are running late

Treat staff with courtesy and respect.

Inform the practice staff of any change in your circumstances, such as change of surname, address or telephone number. Please ensure that we have your correct telephone number, even if it is ex-directory.

As patients, you are responsible for your own health and that of any dependents. It is important that you follow information and advice given to you by health professionals and co-operate with the practice in endeavouring to keep you healthy.

### Violence statement — Zero Tolerance

The practice considers aggressive behaviour to be any personal, abusive or aggressive comments, cursing or swearing, physical contact or

aggressive gestures.

The practice will request the removal from the Practice List of any patient who is aggressive or abusive

towards any member of staff or another patient. All instances of actual physical abuse by a patient will be reported to the police.

## Marisco Patient Group



Are you interested in having a say in how Marisco Medical Practice is run? Would like to assist us in shaping the future of medical services locally? We have an active Patient

Group who work with the practice on shaping the future of medical services as part of the Government's planned reforms.

If you feel you would like to be

involved, please contact main reception at either Mablethorpe or Sutton-On-Sea or visit our Website for more information.

## District Nurses and Health Visitors



The Community Nursing Team are located at the Practice (NHS Lincolnshire Reception) they deal with wound management and dressings, home nursing care and post operative care e.g. suture removal etc.

The contact telephone numbers are:

NHS Lincolnshire Mablethorpe Reception 01507 474117

District Nurses, Mablethorpe 01507 474114

Health Visitors 01507 474111

## Mablethorpe Health Clinic

Health clinics run by Lincolnshire Property Care services include Family Planning,

District Nurse wound clinics, Health Visitors, child and baby clinics, Speech

therapy clinics, Podiatry, Physiotherapy and many more.

## Grimsby Hospital Outreach Clinics

The Marisco Medical Practice is working with the Northern Lincolnshire and Goole Hospitals NHS Foundation Trust to develop hospital services in the community and as a result a number of clinics have been established at the Surgery. We are pleased to be able to offer clinics listed below: Appointments for these clinics are made following a GP referral.

<b><u>CLINIC</u></b>	<b><u>DAY</u></b>
E.N.T	Tuesday — Weekly
Audiology	Tuesday & Friday — Weekly
Gynaecology	Wednesday —Fortnightly
Paediatrics	Tuesday — First Tuesday in every month
Urology	Thursday — Second Thursday in every month
Ultrasound	Thursday — Weekly
LIMMS	Monday — Weekly
LIMMS/X– ray	Monday — Weekly

# Marisco Medical Practice Fee Guide

ITEM	FEE £
BUPA/PPP/WPA Claim Verification Private Medical	20.00 to 100.00
Court exemption (from attending as a witness on medical grounds)	15.00
Driving Licence Photo card Application	15.00
DVLA Medical (fitness to drive e.g. elderly, racing driver etc)	40.00
Employer's Report & Opinion	55.00 to 120.00
Full Exam With Report or Certificate	180.00
Fitness to Travel Certificate	25.00
Fit to Dive form	15.00
Fit to Fly form	15.00
Fitness to Travel Examination	50.00
Freedom from infection certificate	25.00 to 50.00
HGV / PSV Medical	90.00
Holiday Cancellation Certificate	20.00
Examination & Report	50.00
Passport Countersignature	15.00
Private Medical (e.g. Pre-employment, Taxi, Aviation)	80.00
Private prescription for private patient	
GP Consultation fee	30.00
Clinical Practitioner fee	20.00
Power of Attorney Consultation	30.00 in surgery 50.00 for home visit
School fees Insurance Claim Form	25.00 to 50.00

# Marisco Medical Practice Fee Guide

ITEM	FEE £
Sports Fitness Examination	80.00
Seat belt exemption	10.00
Shotgun Licence Certificate	20.00
Private Sick Note	10.00
Sickness / Accident Ins. Claim Form	25.00 to 50.00
Straightforward certificates of fact	16.00
Solicitors Report Prognosis Extra	50.00
Vaccination (course of injections) Cost of vaccine plus admin fee	Cost of vaccine + 1.5% + £10 admin fee
Vaccination Certificate	10.00
<b>Subject Access Request – Fees to access and copy health records under the Data Protection Act</b>	
<b>To provide copies</b>	
Health records held electronically	Maximum £10 charge
Health records held in part electronically and in part on other media	Maximum £50 charge
Health records held totally on other media	Maximum £50 charge
<b>To allow patients' to view their records (where no copy is required)</b>	
Health records held electronically	Maximum £10 charge
Health records held in part electronically and in part on other media	Maximum £10 charge
Health records held totally on other media – <b>unless the records have been added to in the last 40 days in which there should be no charge</b>	Maximum £10 charge

## USEFUL TELEPHONE NUMBERS

Mablethorpe surgery	01507 473483
Prescription Room	01507 473483 (Option 3 )
Sutton on Sea surgery	01507 4473483
AMBULANCE	999
NON URGENT OR OUT OF HOURS	111
Mablethorpe Clinic	01507 474117
District Nurses, Mablethorpe	01507 474114
Health Visitors	01507 474111
Dentist	01507 474110

## HOSPITALS:

Louth Hospital	01507 600100
Grimsby Hospital	01472 874111
Pilgrim Hospital, Boston	01205 364801
Lincoln Hospital	01522 512512

## LOCAL PHARMACIES:

Marisco Pharmacy	01507 479626
Boots High Street, Sutton on Sea	01507 441213
Boots High Street, Mablethorpe	01507 472238
Boots Seacroft Road, Mablethorpe	01507 478226
Lloyds, High Street, Sutton on Sea	01507 443913

## MISCELLANEOUS:

Addaction (Substance misuse )	01522 511993
Age Concern	01507 478222
Alcoholics Anonymous 24 hr helpline	0845 7697555
Child Guidance	01522 524922
Choose & Book - Transport	01529 416053
Citizens Advice	01507 479742
Community Car / Dial A Ride	01507 442502
“ “	01507 478574
“ “	01507 490092
DWP ( Department of Work & Pensions )	0845 604 3719
Police Mablethorpe	01507 472222
Relate	01522 524922
Social Services	01507 600800
Bloomers ( Funeral Directors )	01507 441271
Arnolds ( Funeral Directors )	01507 442300
St Barnabas (Day Therapy )	01522 351500

## Our vision, mission, values & aims

We have a vision of a CCG where clinicians are working together to improve the quality and cost effectiveness of care, with resources based on need, and which benefits all of our patients as fairly as possible.

### Our Mission

To ensure the optimum health and wellbeing of the people we serve by commissioning high quality health services which support choice; promoting healthy lifestyles and personal responsibility; reducing inequalities in opportunity, experience and health outcomes

### Our Values

The values that lie at the heart of our work are:

Quality - safety, effectiveness and patient experience will guide our decisions

Clinical leadership - we believe clinicians should be our key leaders and primary influence

Patient focus - we will seek the views of patients and take them into account in what we do

Integration and partnership - we will use these as keys to success

Fairness - we believe investment should reflect need

Equality - we will strive for equality of patient experience, opportunity and outcome

Good value - we will use NHS resources to best effect

### Our Aims

We will focus on:

Commissioning high quality care based on evidence of effectiveness

Engaging patients and carers in decisions about

care and services

Improving access to services, and providing care close to home where possible

Reducing inequalities in health, access and patient experience

Improving health by focusing on prevention and reaching out to those in greatest need

Bringing a local focus to health services and influencing the health system to recognise the needs of the patients in East Lincolnshire

Having clinicians at the centre leading innovative service change

Increasing service integration and co-operation

Developing a long term view, with sustainable plans based on sound financial management

Attracting the best people to work for us

Working together to reduce inappropriate hospital admissions

Working together with all parties for better care

### Contact us

Corporate Office  
NHS Lincolnshire East Clinical  
Commissioning Group  
Cross O'Cliff Court  
Bracebridge Heath  
Lincoln LN4 2HN  
<http://lincolnshireeastccg.nhs.uk>

PA to the Accountable Officer and Chief  
Finance Officer 01522 515347  
PA to the Chief Nurse and Quality Team -  
01522 515305  
Boston Locality Office and Secretary to Dr  
Holmes, Chair 01205 366273 extension  
224  
Skegness Office Tel: 01754 767118  
Louth Office Tel: 01507 600100 ext 1252



The map below shows our catchment area - if you have internet access  
you can visit our website

*<https://marisco.GPsurgery.net/patient-info/practice-boundary/>*

type your postcode into the dialogue box and this will inform you of  
whether or not, you are in fact eligible to register with this Practice.

